



True Notes



Programmes Starting Up:

- Free technique classes: every Monday at 7pm for 30 minutes
- Learn to lead climb by taking the Lead Course
- Children's Afternoon Programmes
- Summer Day Camp

Details available on our web site, at the front desk or by email: info@truenorthclimbing.com

Would You Like Fries With That? (stuff you might not know we offer)

- Annual locker rentals available for \$50 + tax
- True North T shirts: \$20 and water bottles: \$15
- Chalk ball: \$5
- Climbing tape: \$3.50

Newsletter Features Article About Itself!

Welcome to the first issue of our monthly newsletter, intended to provide timely and useful information about what is going on in the gym. We'll put this out each month to share with you the top items of interest. The goal is to gather in one place the highlights of what we think you need to know each month, without overwhelming you with too much information.

If you want to learn more about what we're up to, you can also follow our blog at truenorthclimbing.blogspot.com

Recent blog posts include Dustin's views of routesetting, an introduction to slacklining, a tour of our Lost & Found, and a post about the guy who was the first to get to the top of our finger crack climb without falling.

Random Facts:

- The gym has approximately 14,500 square feet of climbing surface
- There are about 5,000 holds, arranged among over 25,000 T-nuts
- The kickboard on the system board came from owner John Gross's original home climbing wall!

True North Climbing Joins SummerSweatFest 2010

Get ready for a series of fun, friendly competitions this summer, as SummerSweatFest 2010 gets going. This is a series of comps taking place in several local gyms over the summer.

True North Climbing will be hosting two bouldering comps as part of this series: on July 22nd and August 19th. These are

friendly, casual comps, and you do not have to be crushing V10s (or even V2s) to participate.

The series starts June 17th and ends September 25th, with both events at Climber's Rock. The other participating gyms are Boulderz and Toronto Climbing Academy.

Full details can be found at: summersweatfest.com

We sell Roller Derby Tickets!

Yes, if you are a fan of the Toronto Roller Derby, you can get your tickets to upcoming bouts here at True North Climbing. And if you haven't attended a bout yet, why not check out the action? It's fun and fierce, and we're excited to have them as our neighbours.

Next bout: May 29th @ 7:30pm. Tickets are \$12 each in advance.

How are we doing?

We want your feedback on the operation of the gym, so we know what we're doing right, and what can be improved.

Please share your opinions and thoughts with our staff, or send an email to feedback@truenorthclimbing.com